

**YING WA GIRLS' SCHOOL**  
**ATHLETICS MEET RECORDS HOLDERS(2025-2026)**

<u>EVENT</u>	<u>RECORD HOLDER</u>	<u>HOUSE</u>	<u>RECORD</u>	<u>YEAR</u>
<u>A GRADE</u>				
100M	CHING KA YIN FLORA	JENKINS	13.00"	2004
200M	CHING KA YIN FLORA	JENKINS	27.66"	2005
400M	LEUNG KAK YEE	DAVIES	1'05.62"	2025
800M	CHEUNG SHUK YU	DAVIES	2'24.30"	1983
100MH	WONG HIU MAN	JENKINS	16.84"	2001
1500M	WU HIU LAM	HUTCHINSON	5'56.23"	2025
HIGH JUMP	HO CHI WA	HUTCHINSON	1.42m	1995
LONG JUMP	HO CHI WA	HUTCHINSON	5.05m	1995
SHOT PUT	TSANG HOI YAN BERNICE	HOGBEN	9.538m	2009
DISCUS	TSANG HOI YAN BERNICE	HOGBEN	27.59m	2007
JAVELIN	TSANG KIT WAI	SILCOCKS	26.74m	1986
4 x 100M RELAY	CHING KA YIN FLORA TEAM	JENKINS	55.78"	2005
4 x 400M RELAY	CHING KA YIN FLORA TEAM	JENKINS	4'47.85"	2005
<u>B GRADE</u>				
100M	CHING KA YIN FLORA	JENKINS	12.97"	2002
200M	CHING KA YIN FLORA	JENKINS	28.00"	2002
400M	YIP LAI CHONG	HUTCHINSON	1'07.10"	1989
800M	KAN TSZ CHING	HUTCHINSON	2'39.03"	2023
100MH	LI HAU YU	SILCOCKS	18.00"	1981
1500M	WU HIU LAM	HUTCHINSON	6'06.00"	2022
HIGH JUMP	LI HAU YU	SILCOCKS	1.5m	1981
LONG JUMP	POON CHI CHING	DAVIES	4.79m	2025
SHOT PUT	TSANG HOI YAN BERNICE	HOGBEN	9.64m	2006
DISCUS	JENNIFER LEUNG	JENKINS	25.71m	1989
JAVELIN	TSANG KIT WAI	SILCOCKS	26.4m	1984
4 x 100M RELAY	AU YEUNG CHI TING TEAM	JENKINS	56.88"	2003
4 x 400M RELAY	AU YEUNG CHI TING TEAM	JENKINS	4'47.00"	2003
<u>C GRADE</u>				
100M	CHING KA YIN	JENKINS	13.03"	2001
200M	CHING KA YIN	JENKINS	27.97"	2001
400M	ELACE YIP	HOGBEN	1'08.00"	1989
800M	KAN TSZ CHING	HUTCHINSON	2'41.19"	2022
100MH	DENNIS LAM	DAVIES	18.80"	1989
1500M	HO HEI YUI	HOGBEN	5'46.32"	2016
HIGH JUMP	MA WING YU	SILCOCKS	1.53m	2010
LONG JUMP	LI HAU YU	SILCOCKS	4.58m	1981
SHOT PUT	HUI YUET KIU	HUTCHINSON	8.92m	1990
CRICKETBALL THROW	WO YIM LAM	HUTCHINSON	50.81m	2005
4 x 100M RELAY	KAN TSZ CHING TEAM	HUTCHINSON	57.11"	2022
4 x 400M RELAY	HUANG JING LIN TEAM	JENKINS	4'57.44"	2016